

Soul Spark: Session 2

Getting to know God better / Faith Journeys



Journeying with God

In this talk, the understanding of faith as a journey is explored. Here the uniqueness of each person's journey can be affirmed while recognising there are many common features to faith journeys. Taking this further, the helpfulness of cyclical images (eg tides and seasons) is explored, recognising how they relate to our lives and the life of Jesus. Finally pointing out that faith takes us into new places and therefore uncertainty and the invitation to trust God in new ways.

Personal Journey

- How do I relate to my own journey?
- God invites us to discover him through experience.
- It is in looking back that we often see God most clearly in our lives.
- Use a personal illustration.
- Affirm that each person's journey is unique, yet there will be many common aspects.

Faith Journey

- Refer to spiritual journeying using non-linear images e.g. tides and seasons. See David Adam, *Tides and Seasons* (SPCK 1982) for a helpful exploration of this.
- Relate the cycle of seasons to aspects of the spiritual life and the life of Jesus.
- The invitation of faith is into the unfamiliar and unknown; to discover God in new places.
- This means that the opposite of faith is not doubt, but certainty.
- Use a personal example.
- It is normal for to have feelings of uncertainty and insecurity as one journeys in faith. 'Lord I believe, help my unbelief'