

## Soul Spark 5 - Discernment

...I have set before you life and death, blessings and curses.  
Now choose life, so that you and your children may live. *Deut 30.19*

I have come that they may have life, and have it to the full. *John 10.10*

The fruit of the Spirit is love, joy, peace, patience, kindness, faithfulness, gentleness and self-control. Since we live by the Spirit, let us keep in step with the Spirit.  
*Galatians 5.22-23,25.*

- ❖ Look over the past day: Notice where through no effort of your own the fruit of the Spirit have been noticeable within you.
- ❖ Can you see what may have helped or stimulated that movement?
- ❖ How might this affect the choices you make?



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